

CITY OF PORTLAND

TILMAANTA MACLUUMAADKA COVID-19



Wixii soo kordho, booqo: portlandmaine.gov/COVID19

Is-qor "Xiriirka Joogtada ah" oo ka

hel farriinno email ah ama farriin qoraal ah oo luqad kasta ah:

www.portlandmaine.gov/2366/Stay-Connected

Ma u baahan tahay cunto?



- Xilliyada la qaadayo iyo goobaha, tag: <https://www.waysidemaine.org/community-resources> ama wac 2-1-1 si aad u ogaato jadwalka.
- Haddii horey lagu diiday gargaarka cuntada,
- waxaa macquul ah in hada aad hada uqalantid. Wac 207.822.2000

Su'aalaha ku saabsan shaqadaada?

Gunnada dadka shaqo la'aanta, Fasaxa Qoyska iyo Caafimaadka (FMLA), ama macluumaad kale:

Booqo barta internetka ee Waaxda Shaqaalaha (MDOL): www.maine.gov/labor/covid19

waaxda Shaqo la'aanta: www.reemploye.maine.gov ama wac 1-877-594-5627

Xafiiska Halbeegga Shaqada qeybteeda adeegga

macmiisha: 207-623-7900

Miyaad dareemaysaa xanuun?



Ma leedahay astaamaha Coronavirus?
Qandho, Cabbur, daal, qufac qalalan

Isla markiiba ha aadin isbitaalka.



Wac dhaqtarkaaga koowaad **

Caafimaadka Dadweynaha ee Portland (207-874-8633), ama 2-1-1

**** Haddii aadan lahayn takhtarka daryeelka caafimaadka aasaasiga ah, wac Greater Portland Health. (207) 874-2141**

Miyaad dareemaysaa niyadjab?



Waqtiyada sidan oo kale ah waa kuwo walaac badan oo dhib badan, waxaana jira ilo cawinaad oo aad u jeedsan karto. Wac dhakhtarkaaga ama haddii aad qalalaase ku jirto, wac (207) 774-4357

Su'aalaha ku saabsan Dugsiyadda Guud ee Portland?

- Booqo xaruntooda macluumaadka internetka <https://tinyurl.com/PPSCOVVID>
- Emayl: ppshelpline@portlandschools.org
- Ama wac 1-207-874-8159 oo farriin uga tag su'aashaada

Hadii aad rabto luqada Ingiriis taabo 1, Bogga Boortaqiiska taabo 2, Faransiiska taabo 3, Spanish taabo 4, Carabiga taabo 5, Soomaaliga taabo 6



Macluumaadka gobolka oo dhan, wac 211 (ama 1-866-811-5695)

Taabo 5 si aad u hesho tarjubaan luqad kasta ah.

Macluumaad faahfaahsan oo ku saabsan kuwan iyo ilo kale oo badan oo maxalli ah booqo

www.portlandofopportunity.com/COVID19